



KIM'S ACADEMY OF ROY

PHONE # (801) 9-TKD-213

WWW.HUGHTKD.COM



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

						10:15-11:10 am WEAPONS CLASS Invitation only
4:15-4:45 Little Tigers 4-6 yr old	4:15-4:45 Little Tigers 4-6 yr old	4:15-4:45 Little Tigers 4-6 yr old	4:15-4:45 Little Tigers 4-6 yr old	4:15-4:45 Little Tigers 4-6 yr old	4:15-4:45 4-7 yr Sparring 4-7 yr old	
4:50-5:30 Deputy & Blackbelt Class	4:50-5:30 ALL AGES White - High White Curriculum ONLY	4:50-5:30 ALL AGES Yellow -Above Curriculum ONLY	4:50-5:20 TIGER TRANSITION CLASS	5:00-5:45 Sparring Class (8yr old thru Adult)		11:15-NOON ALL AGES All Colored Belts
5:30-6:30 BLACK BELT ONLY	5:30-6:30 ALL AGES ALL BELTS	5:30-6:30 ALL AGES ALL BELTS	5:30-6:30 ALL AGES Blue & Above	6:00-7:00 ALL AGES ALL BELTS		JR. Instructor Class 12:15-12:45
6:30-7:30 ALL AGES ALL BELTS	6:40-7:20 7+ yrs SPARRING	6:30-7:30 ALL AGES All Belts	6:30-7:30 ALL AGES White - Green	7:00-7:30 PRIVATE CLASS / Open Gym (sign up)		Sparring Class 12:50-1:30
7:30-8:30 DEMO TEAM	All Belts FAMILY Endurance Class 7:30-8:00	DEPUTY & BLACK BELT Training 7:30-8:30	BLACK BELT ONLY Training 7:30-8:30			
	8:00-8:30 PRIVATE CLASS / Open Gym (sign up)					Saturday Classes may be canceled due to promotional testing and competitions. Please see instructor or front door for advanced notices.

Please arrive 5-10 minutes before your class

*Note "ALL AGES" is not for Little Tigers

Effective as of JUN 1ST, 2014

If you have any questions please email me at Mr.Hugh@HughTKD.com